

TRY OUR DAILY SPECIALS!

Express (770-1100 Cals)

\$6⁹⁹*

Breakfast Special

*Available Monday-Friday, 7-9 a.m. | Taxes extra
Valid dine-in only | Not valid on statutory holidays



\$13⁹⁹*

BURGERS OF THE DAY

Smokeshow Burger (780 Cals)

Loaded Mushroom Burger (770 Cals)

California Burger (1060 Cals)

Jalapeño Ranch Burger (890 Cals)

BBQ Philly Burger (810 Cals)

BURGERS SERVED WITH SWEET CORN CHICKEN CHOWDER OR HEARTY VEGETABLE MINSTRONE SOUP (110-250 CALS)**

*Regularly \$17.99 | Taxes extra | Valid dine-in only
Not valid on statutory holidays. **Sub fries or homefries \$1.00 (390-430 Cals)

MONDAY

Jalapeño Ranch Burger

Cheddar, diced jalapeños, lettuce, tomatoes, red onions & pickles, topped with buttermilk ranch. (890 Cals)

TUESDAY

California Burger

Cheddar, smashed avocado, lettuce, tomatoes, red onions & pickles, topped with chipotle mayo. (1060 Cals)

WEDNESDAY

Smokeshow Burger

Juicy grilled chicken, cheddar, diced jalapeños, lettuce, tomatoes, red onions & pickles topped with BBQ sauce & chipotle mayo. (780 Cals)

THURSDAY

Loaded Mushroom Burger

Sautéed mushrooms, mozzarella, lettuce, tomatoes, red onions & pickles, topped with BBQ sauce & mayo. (770 Cals)

FRIDAY

BBQ Philly Burger

Sautéed peppers, mushrooms & onions, lettuce, tomatoes, red onions & pickles, topped with BBQ sauce. (810 Cals)

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

HOT DRINKS

Coffee/Tea | **Espresso**
\$2.99 (0 Cals) | \$2.99 (0 Cals)

Specialty Tea
Earl Grey | Green | Apple Cinnamon
Chamomile | Decaf | Peppermint
\$3.19 (0 Cals)

Café Mocha
Hot chocolate & espresso, topped with
whip & chocolate drizzle.
\$3.99 (170 Cals)

Hot Chocolate
Topped with whip & chocolate drizzle.
\$2.99 (170 Cals)

Cappuccino
Sweetened or unsweetened.
\$3.99 (70–80 Cals)

SUB OAT MILK
Add 99¢ (60–80 Cals)



Specialty Drinks (100–300 Cals)

COLD DRINKS

Smoothies & Lemonades

Morning Matcha Smoothie
Spinach, banana, matcha, flax, vanilla,
apple & oat milk. \$6.99 (280 Cals)

Tropical Sunrise Smoothie
Mango, pineapple, passion fruit, chia
seeds, apple, oat & coconut milk.
\$5.99 (190 Cals)

Rise & Berry Smoothie
Raspberry, strawberry, blueberry,
blackberry, banana & apple.
\$5.99 (170 Cals)

Wake Up Smoothie
Banana, cocoa, coffee & oat milk.
\$6.99 (180 Cals)

Lemonades
Orange Citrus | Watermelon Splash | Wild Grape | \$4.99 (140–170 Cals)



START YOUR DAY RIGHT

Smoothies (170–280 Cals)

ICED OR HOT LATTES

Latte
Sweetened or unsweetened.
\$4.99 (100–130 Cals)

Caramel Macchiato
Topped with whip & caramel drizzle.
\$5.49 (250–260 Cals)

French Vanilla Latte
Topped with whip.
\$5.49 (240–260 Cals)

Dirty Chai Latte
Espresso-based, topped with whip &
cinnamon sprinkle.
\$5.49 (240–260 Cals)

Vanilla Cupcake Latte
Topped with whip & rainbow sprinkles.
\$5.99 (290–300 Cals)

**Vanilla Cookie Butter
Crunch Latte**
Topped with whip & Biscoff® cookie
crumble. \$5.99 (280–300 Cals)

Caramel Tiramisu Latte
Topped with whip, caramel drizzle &
cinnamon sprinkle.
\$5.99 (260–270 Cals)

SOFT DRINKS, JUICE & MILK

Soft Drinks Pepsi Diet Pepsi 7UP Ginger Ale Iced Tea (0–150 Cals)	\$2.49
Juice Apple Orange Cranberry Grapefruit Lemonade (140–160 Cals)	\$3.99
Milk White Chocolate (180–240 Cals)	\$3.99

BREAKFAST

Express

2 eggs, choice of bacon, ham or sausage, homefries & toast. Sub peameal or turkey bacon, add \$1.00. \$11.99 (770–1100 Cals)

Express No Meat

2 eggs, homefries, sliced tomatoes & toast. \$10.49 (700–760 Cals)

Jumbo Express

3 eggs, choice of bacon, ham or sausage, homefries & toast. Sub peameal or turkey bacon, add \$1.00. \$13.99 (1030–1440 Cals)

The Meatlover's

3 eggs with bacon, ham, sausage, homefries & toast. \$16.99 (1500–1560 Cals)

Steak n' Eggs

6 oz. seasoned steak with tomato garnish, 3 eggs, homefries & toast. \$22.99 (1330–1390 Cals)

Breakfast Wrap

3 eggs with your choice of 4 toppings: onions, peppers, tomatoes, mushrooms, jalapeños, spinach, smashed avocado, pico salsa, bacon, ham, sausage, cheddar, mozza or feta. Served with homefries. \$15.99 (960–1220 Cals)

Junior Stack

2 eggs served with 1 bacon, 1 sausage, 1 pancake, homefries & toast. \$13.99 (1040–1100 Cals)

Pancake Stack

2 eggs served with 2 bacon, 2 sausage, 2 pancakes & homefries. \$16.99 (1480 Cals)

Pancake Stack No Meat

\$14.99 (1060 Cals)

French Toast Stack

2 eggs served with 2 bacon, 2 sausage, 2 pieces of french toast & homefries. \$17.99 (1470 Cals)

Waffle Stack

2 eggs served with 2 bacon, 2 sausage, 2 fresh mini waffles & homefries. \$17.99 (1180 Cals)

Crepe Stack

2 eggs, 2 bacon, 2 sausages, homefries & a choice of either Banana Berry (contains NUTELLA®) or Strawberry Vanilla Crepes. \$19.99 (1600–1720 Cals)

**ADD SIGNATURE
FLAVOUR TO STACK**
\$1.99

*Excluding Crepe Stack

*Add Premium flavour to pancakes for \$2.99

 **Vegetarian**

 **Gluten-friendly**

Pancake Stack (1480 Cals)

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

**TAKE HOME A JAR OF
OUR HOUSEMADE JAM!**

\$6⁹⁹



BREAKFAST UPGRADES

Onions In Your Homefries

\$1.29 (90 Cals)

Crisp Up Your Homefries

Fried homefries tossed with parmesan & topped with green onions. \$1.69 (190 Cals)

Spice Up Your Homefries

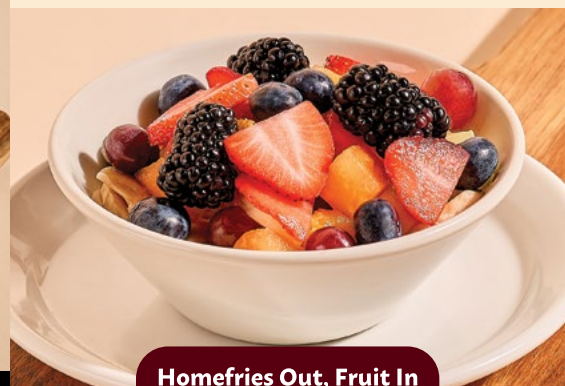
Topped with sautéed onions, peppers & jalapeños. \$1.99 (100 Cals)

Holly Up Your Homefries

Topped with hollandaise & cheddar. \$2.99 (170 Cals)

Homefries Out, Fruit In

Sub homefries for a large fresh cut fruit bowl. \$2.99 (220 Cals)



**Homefries Out, Fruit In
(220 Cals)**

Starting Light

Healthy Start

2 poached eggs, fresh fruit & rye toast.
\$12.99 (660 Cals)

Veggie Scrambler

2 eggs scrambled with onions & peppers, topped with smashed avocado & pico salsa. Served with homefries or fresh fruit & toast.
\$14.99 (610–880 Cals)

Healthy Choice

4 egg white omelette with chicken, smashed avocado & pico salsa served with turkey bacon & fresh fruit.
\$17.99 (640 Cals)

Yogurt Parfait

Vanilla yogurt, maple syrup, granola, banana & mixed berries. Served with toast. \$13.99 (660–720)



Healthy Choice (600 Cals)



Hot Honey Chicken Benedict (1230 Cals)

EGGS BENEDICTS

TOPPED WITH HOLLANDAISE, GARNISHED WITH CHEESE, SERVED WITH HOMEFRIES & FRESH FRUIT.

Bacon Benedict

\$15.99 (1070 Cals)

Turkey Bacon Benedict

\$15.99 (930 Cals)

Ham Benedict

\$15.99 (1020 Cals)

Corn & Black Bean Benedict

Smashed avocado, black bean, corn & pico salsa, balsamic & feta.
\$16.99 (1200 Cals)

Southwest Benedict

Smashed avocado, pico salsa & chipotle mayo. \$15.99 (1170 Cals)

Hot Honey Chicken Benedict

Crispy chicken tenders tossed in hot honey. \$18.99 (1230 Cals)

Peameal Benedict

Add spinach for \$1.29 (10 Cals).
\$15.99 (950 Cals)

Spinach & Mushroom Benedict

\$15.99 (800 Cals)

Steak Benedict

Seasoned steak topped with sautéed peppers & mushrooms, finished with hollandaise, BBQ sauce & green onions. \$24.99 (1230 Cals)



Corn & Black Bean Avocado Toast (780–990 Cals)

AVOCADO TOASTS

SERVED WITH HOMEFRIES OR FRESH FRUIT.

Avocado Toast

2 pieces of rye toast topped with smashed avocado, pico salsa & 2 medium poached eggs.
\$13.99 (680–890 Cals)

G.B.C. Avocado Toast

2 pieces of rye toast topped with smashed avocado, pico salsa, cheddar, bacon & 2 medium poached eggs.
\$16.99 (1130–1340 Cals)

Corn & Black Bean Avocado Toast

2 pieces of rye toast topped with smashed avocado, black bean, corn & pico salsa, balsamic & 2 medium poached eggs. \$14.99 (780–990 Cals)



Steak Benedict (1230 Cals)

Stacked Omelettes

SERVED WITH HOMEFRIES & TOAST.

Deluxe Western

Ham, onions, peppers & cheddar.
\$14.99 (980–1040 Cals)

Mexican

Sausage, peppers, onions, mozza,
buffalo sauce, smashed avocado & pico
salsa. \$15.99 (1050–1110 Cals)

Spinach Florentine

Spinach, mushrooms, onions & mozza,
topped with hollandaise & tomatoes.
\$15.99 (940–1000 Cals)

Great Canadian

Bacon, mushrooms & cheddar.
\$14.99 (1120–1180 Cals)

Homestyle

Bacon, ham, sausage, peppers, onions
& cheddar. \$15.99 (1150–1210 Cals)

Spinach

Spinach, tomatoes, mushrooms,
peppers, onions & feta.
\$15.99 (880–940 Cals)

SUB EGG WHITES
Add \$1.99 (60 Cals)

Meatlover's

Bacon, ham, sausage & cheddar.
\$14.99 (1010–1070 Cals)

Build Your Own

3 eggs with your choice of 4
toppings: peppers, onions, tomatoes,
mushrooms, jalapeños, spinach,
smashed avocado, pico salsa, bacon,
ham, sausage, cheddar, mozza or feta.
\$15.99 (680–1200 Cals)

STACKED HASHES

TOPPED WITH 2 EGGS, TOSSED WITH HOMEFRIES, GARNISHED WITH
GREEN ONIONS & SERVED WITH TOAST.

Bacon Cheeseburger Hash

Ground beef, bacon, cheddar, sautéed
onions & chipotle mayo.
\$18.99 (2190–2250 Cals)

Stacked Hash

Shaved corned beef, sautéed peppers &
onions, mozza & hollandaise.
\$17.99 (1510–1570 Cals)

Cowboy Hash

Bacon, ham, sausage, sautéed peppers
& onions, cheddar & BBQ sauce.
\$17.99 (1590–1650 Cals)

Canadian Hash

Maple bacon, peameal, sautéed
mushrooms & cheddar.
\$17.99 (1820–1880 Cals)

Benedict Hash

Peameal, cheddar, & hollandaise.
\$17.99 (1710–1770 Cals)

Veggie Hash

Sautéed mushrooms, tomatoes,
peppers, onions & spinach, smashed
avocado & pico salsa.
\$16.99 (1190–1250 Cals)

Mexican Hash

Sausage, sautéed peppers & onions,
mozza, buffalo sauce, smashed
avocado & pico salsa.
\$17.99 (1560–1620 Cals)

Hot Honey Chicken Hash

Crispy chicken tenders tossed in hot
honey, black bean, corn & pico salsa,
cheddar & buttermilk ranch.
\$19.99 (2030–2090 Cals)

Southwest Steak Hash

Sliced seasoned steak, mozza, sautéed
peppers & mushrooms, chipotle
mayo, black bean, corn & pico salsa &
smashed avocado.
\$24.99 (2200–2260 Cals)



Mexican Omelette
(1050–1110 Cals)



Hot Honey Chicken Hash
(2030–2090 Cals)



Bacon Cheeseburger Hash
(2190–2250 Cals)

PREMIUM STACKS

TOPPED WITH ICING SUGAR & WHIP. 

Honey Butter

Soaked in our famous housemade maple honey butter. \$15.99 (1520 Cals)

Maple Banana Crunch

Filled & topped with maple syrup & granola, finished with sliced banana. \$15.99 (1410 Cals)

Confetti Cookie

Filled & topped with crushed cookie pieces & rainbow sprinkles, finished with vanilla icing. \$15.99 (1410 Cals)

Cookie Butter

Filled & topped with Biscoff® topping & Biscoff® cookie crumble, finished with vanilla icing. \$16.99 (1630 Cals)

NY Strawberry Cheesecake

Topped with strawberry jam, cream cheese icing, Biscoff® cookie crumble & fresh strawberries. \$15.99 (1260 Cals)

Banana Berry Cheesecake

Filled with blueberry jam, topped with cream cheese icing, Biscoff® cookie crumble, banana, fresh strawberries & blueberries. \$17.99 (1310 Cals)

Double Berry

Filled with mixed berry jam, topped with cream cheese icing, fresh strawberries & blueberries. \$15.99 (1160 Cals)

Honey Butter Pancakes (1520 Cals)



Confetti Cookie Pancakes
(1410 Cals)



CREPES

TOPPED WITH ICING SUGAR & WHIP. SERVED WITH HOMEFRIES. 

Spinach Florentine Crepes

2 crepes stuffed with eggs, spinach, mushrooms, onions & mozza, topped with hollandaise & pico salsa (no icing sugar or whip). \$15.99 (1050 Cals)

Strawberry Vanilla Crepes

2 crepes stuffed with strawberry jam & bananas, topped with vanilla icing & fresh strawberries. \$14.99 (1150 Cals)

Banana Berry Crepes

2 crepes stuffed with NUTELLA® & bananas, topped with fresh strawberries & chocolate drizzle. \$14.99 (1030 Cals)

Signature STACKS

TOPPED WITH ICING SUGAR & WHIP. 

Pancakes

\$10.99 (750 Cals)

Gluten-Friendly Pancakes

\$13.99 (870 Cals)

Chocolate Chip

\$12.99 (940 Cals)

Blueberry

\$12.99 (850 Cals)

Strawberry Banana

\$13.99 (960 Cals)

Chocolate Banana

\$13.99 (1020 Cals)

Strawberry with NUTELLA®

\$14.99 (1120 Cals)

Cinnabun Cakes

Our signature pancakes filled with cinnabun, topped with cream cheese icing. \$14.99 (1480 Cals)

A STACKED CLASSIC



Cinnabun Cakes (1480 Cals)

Signature WAFFLES

TOPPED WITH ICING SUGAR & WHIP.

Waffle

\$10.99 (420 Cals)

Gluten-Friendly Waffle

\$13.99 (560 Cals)

Cookies & Cream

Filled & topped with crushed cookie pieces & vanilla icing.
\$14.99 (700 Cals)

Hot Honey Chicken & Waffle

Cheddar infused waffle, crispy chicken tenders tossed in hot honey, topped with gar-parm drizzle & green onions (no icing sugar or whip).
\$17.99 (1180 Cals)

Strawberries & Cream with NUTELLA®

Topped with cream cheese icing, NUTELLA® & fresh strawberries.
\$15.99 (780 Cals)

Banana Berry Cheesecake

Topped with blueberry jam, cream cheese icing, Biscoff® cookie crumble, banana, fresh strawberries & blueberries. \$17.99 (1000 Cals)

Traditional Chicken & Waffle

Fried chicken with real Canadian maple syrup (no whip).
\$19.99 (1240 Cals)

BURGERS & WRAPS

SERVED WITH FRIES, HOMEFRIES, SOUP OR UPGRADE YOUR SIDE.
HOUSEMADE BURGERS GARNISHED WITH LETTUCE, TOMATOES, RED ONIONS & PICKLES.

Country Burger

Comes plain, feel free to top it any way you would like.
\$14.99 (790–1110 Cals)

Banquet Burger

Topped with bacon & cheddar.
\$16.99 (1150–1470 Cals)

Stacked Burger

Fried chicken tossed in buffalo sauce on a cheddar & bacon-topped beef patty. \$19.99 (1470–1790 Cals)

Avocado Breakfast Burger

Over medium egg & smashed avocado on a cheddar & bacon-topped beef patty. \$18.99 (1300–1620 Cals)

Chipotle Chicken & Guac Wrap

Grilled chicken, bacon, cheddar, smashed avocado, romaine & pico salsa, tossed in chipotle mayo.
\$17.99 (1380–1700 Cals)

Buffalo Chicken & Bacon Ranch Wrap

Crispy chicken tenders, bacon, cheddar, romaine & tomatoes, tossed in buffalo ranch. \$16.99 (1230–1660 Cals)

Crispy Chicken Caesar Wrap

Crispy chicken tenders, bacon, romaine & parmesan, tossed in caesar dressing. \$16.99 (1340–1660 Cals)

Signature FRENCH TOAST

TOPPED WITH ICING SUGAR, WHIP & CINNAMON. 

French Toast

\$10.99 (760 Cals)

Gluten-Friendly French Toast

\$14.99 (1030 Cals)

Banana with NUTELLA®

\$14.99 (1010 Cals)

Strawberry Banana

\$14.99 (880 Cals)

NY Strawberry Cheesecake

Topped with strawberry jam, cream cheese icing, Biscoff® cookie crumble & fresh strawberries. \$15.99 (1260 Cals)

Banana Bread

Banana bread topped with bananas & cream cheese icing. \$17.99 (1810 Cals)

Berries & Cream

Topped with strawberry & blueberry jam, cream cheese icing, fresh strawberries & blueberries.
\$15.99 (1210 Cals)

Strawberry Banana Cream with NUTELLA®

Topped with cream cheese icing, NUTELLA®, bananas & fresh strawberries. \$16.99 (1260 Cals)



Avocado Breakfast Burger (1300–1620 Cals)

MADE FRESH IN-HOUSE

LUNCH

SERVED WITH FRIES, HOMEFRIES, SOUP OR UPGRADE YOUR SIDE.

Stacked Club

Triple decker with chicken, shaved ham, bacon, lettuce, tomatoes, cheddar & mayo.

\$18.99 (1110–1490 Cals)

The C-Belt

Triple decker with cheddar, bacon, eggs, lettuce, tomatoes & mayo.

\$15.99 (850–1230 Cals)

Avocado Brunch Sandwich

Eggs, smashed avocado, mozza, lettuce, tomatoes & chipotle mayo on a bun. \$14.99 (1080–1400 Cals)

Ultimate P.E.C.

Cheddar, mozza, fried eggs, peameal, tomatoes & smashed avocado grilled on rye. \$17.99 (880–1200 Cals)

Veggie Grilled Cheese

Cheddar, mozza, sautéed peppers & onions, jalapeños, tomatoes & chipotle mayo. \$12.99 (1170–1550 Cals)

Original Reuben

Smoked corned beef, mozza, sauerkraut & mustard grilled on rye. \$15.99 (880–1200 Cals)

Shaved Ham & Egg Melt

Shaved ham smothered with mozza, cheddar & eggs grilled on rye. \$14.99 (690–1010 Cals)

Toasted Western

Eggs mixed with ham & onions. \$12.99 (420–800 Cals)

B.L.T. Sandwich

Bacon, lettuce, tomatoes & mayo. \$12.99 (700–1080 Cals)

Chicken Fingers

Seasoned chicken tenders served with fries. \$16.99 (1010–1600 Cals)

Get Them Sauced & Tossed

Your choice of BBQ, buffalo or hot honey served with buttermilk ranch to dip. \$1.00 (220–270 Cals)

Hot Chicken Sandwich

Fried chicken tossed in buffalo sauce, with lettuce, tomatoes, onions & pickles, topped with buttermilk ranch on a bun. \$16.99 (840–1160 Cals)

Toasted Denver

Eggs mixed with ham, onions, tomatoes & peppers, topped with cheddar & chipotle mayo. \$14.99 (750–1130 Cals)

Southwest Chicken Sandwich

Grilled chicken, cheddar, lettuce, tomatoes, smashed avocado & chipotle mayo on a bun. \$16.99 (1140–1460 Cals)

Buffalo Chicken & Bacon Poutine

Crispy chicken tenders, bacon, cheddar, gravy, caesar & buffalo sauce topped with diced tomatoes. \$16.99 (1600 Cals)

Grilled Chicken Caesar Salad

Romaine, bacon & parmesan tossed in caesar dressing, topped with croutons & grilled chicken. \$16.99 (1240 Cals)

Chicken Avocado Chopped Salad

Romaine, cheddar & bacon tossed in buttermilk ranch. Topped with black beans, corn, pico salsa, smashed avocado & choice of crispy or grilled chicken. \$18.99 (940–950 Cals)

LUNCH UPGRADES

Sub Classic Poutine

\$2.99 (350 Cals)

Sub Caesar Salad

\$3.99 (300 Cals)

Sub Buffalo Chicken & Bacon Poutine

\$5.99 (800 Cals)

SIDES

Bacon (380 Cals)\$3.99

Ham (110 Cals)\$3.99

Sausage (460 Cals)\$3.99

Peameal (230 Cals)\$4.99

Turkey Bacon (180 Cals)\$4.99

Fresh Homemade Soup

(110–250 Cals)\$4.99

Extra Egg (70 Cals)\$1.99

Fresh Fruit (220 Cals)\$5.99

Homefries (430 Cals)\$4.99

French Fries (390 Cals)\$4.99

Gravy (50 Cals)\$1.99

Hollandaise (160 Cals)\$3.99

Toast n' Jam (200–260 Cals)\$2.99

Real Canadian Maple Syrup

(90 Cals)\$1.99

Single Pancake (260 Cals)\$3.99

Single French Toast (360 Cals)\$3.99

Vanilla Yogurt (100 Cals)\$3.49

Dipping Sauces (60–240 Cals)\$0.49



Ultimate P.E.C (880–1200 Cals)

YOU HAD ME AT STACKED

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.